

# European Bisexual Conference

28-31 july 2016 AMSTERDAM



Join our VisiBility!

Programme booklet

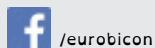
# EUROPEAN BISEXUAL CONFERENCE



**#EuroBiReCon16**

**#EuroBiCon16**

[WWW.EUROBICON.ORG](http://WWW.EUROBICON.ORG)



Foreword	3
Code of conduct	4
Grand Opening	8
EuroBiCon Party @ Mezrab	9
Care Bear & Quiet Room	10
Information Market	11
Maps	12
Boomsspijker	14
Workshops Friday	15
Schedule	23
Workshops Saturday	26
Workshops Sunday	41
Adressess Venues, Sponsors	47

## Foreword

Dear participant,

A warm welcome for all of you who are attending this Third European Bisexual Conference. Today we are opening the Conference in the Old Lutheran Church in Amsterdam after more than two years of preparations. This journey started when Amsterdam won the EuroPride bid and it continues to the very present and hopefully becomes a stimulus for spin-offs across Europe and perhaps a Fourth EuroBiCon somewhere else.

Along our journey we (re)connected with many people who supported us, gave invaluable advise, and helped us to become more professional. The organising committee became bigger and today we present you the Third European Bisexual Conference. We offer you over 50 workshops on a plethora of themes. Please read all descriptions in this booklet, be surprised, and enjoy!

Some of you already attended the First European Bisexual Research Conference and, already, tasted a bit of the contemporary research questions on bisexuality, the coming three days are meant to foster interaction, to learn, exchange information, (re)connect with others, but mainly to be oneself in a safe space. Our conference will be a success when the visitors can be themselves and hopefully you make that happen.

Please carefully read the Code of Conduct to make EuroBiCon a safe space for all of us, and digest all other information in this booklet. Join our VisiBility, and be yourself!

Organising committee EuroBiCon,  
Tijmetje Dieleman, Elysa van der Heide,  
Erwin Heyl, Emiel Maliepaard, Barbara Oud,  
Hilde Vossen, Vera Weetzel and Floris Zandbergen.

# Code of Conduct

## Why do we need a Code of Conduct?

People come to EuroBiCon with different experiences and ideas of how to behave and how they expect others to behave. This Code of Conduct outlines what everyone, including organising team, workshop facilitators and volunteers, can expect from others and what is expected from all of us during EuroBiCon.

As organisers we will try to deal fairly and respectfully with any issue brought to us. We may also make reasonable requests that are not specifically included here.

People are responsible for themselves, their actions, and their own health.

You do not have to stay in any session you feel uncomfortable in. You can leave at any time.



## Passes

People attending EuroBiCon should wear their pass to all events; if you don't, you may not be allowed into EuroBiCon spaces until you get it.

Passes are personal and non transferable. If you give your pass to another person you are defrauding EuroBiCon. A fee may be payable to replace lost passes.

## Harrassment: no means no. Ask every time.

No one at EuroBiCon should be put under any pressure to join in with things they do not want to do. This includes:

- any sexual behaviour
- hugs or touching
- taking part in an activity
- disclosing information
- discussing topics which are sensitive or personal
- or even having a chat.

It is fine to ask someone once if they would like to do something. For example: 'Would you like a hug?' If they refuse, continuing to ask is pestering them and will be viewed as harassment. If someone asks you to leave them alone, do so. You can ask the conduct team to tell someone to leave you alone.

In public, 'no', 'stop', 'don't do that' or similar words and phrases will be taken at face value by the EuroBiCon organisers and volunteers, regardless of context.

## Public Behaviour

EuroBiCon should be a place where people feel free to express their sexuality, but it is not a sex or fetish party. We ask that overtly sexual behaviour be kept out of the public areas.

EuroBiCon is supportive of breastfeeding. Please do not make negative comments if you see someone feeding their child.

Apart from the above exception EuroBiCon attendees should remain fully clothed in all public areas. All nipples, genitalia and bums must be securely covered by clothing. Some sessions are counted as private areas and will be clearly marked as such.

Consent includes any audience. Remember that may include not just attendees, but venue staff and the general public, who may challenge you if they are uncomfortable.

Everyone at EuroBiCon deserves to feel safe and no one deserves to be shouted at or sworn at or made to feel threatened. We don't allow animals on-site, except for pre-registered assistance animals.

Please abide by the smoking zones which will be clearly marked and explained in the handbook. It is illegal to smoke anywhere indoors, including out of windows.

Alcohol is sold at the bar in both the Boomspijker and Mezrab, and use of soft drugs is condoned as by Dutch law. Please be aware of your limits, and keep in mind that alcohol or soft drugs may affect your ability to participate in the workshops. Don't hesitate to ask for tap water or talk to a volunteer if you do not feel well. Use of hard drugs is illegal by Dutch law, and therefore not allowed at EuroBiCon.



## Discrimination, respecting difference

EuroBiCon should be a safe space for all attendees, regardless of ethnicity, class, gender, disability, religion and belief, age or lifestyle. Bigoted behaviour of any kind will not be tolerated.

Don't make negative comments or assumptions, or stereotype people on the basis of their skin colour, physical features, race, accent or religious belief. Negative comments about any aspect of a person's culture or race, or fetishisation of cultural markers and physical features should be avoided. An example of this could be, 'that's such an exotic name' or 'your dreadlocks are amazing, can I touch them?'

People who attend EuroBiCon may define their gender in a range of different ways, and we emphasise that gender cannot be determined based on a person's appearance. Please use the pronouns indicated on a person's name tag, or otherwise indicated by them. If you are unsure of the pronoun someone uses we encourage you to ask them or avoid gendered language by using 'they' instead of 'he' or 'she'. If you ask someone or are corrected about pronouns, please try to use them correctly. We accept people's self-identified gender for all purposes at EuroBiCon, including in single-gender spaces.

People are welcome to attend EuroBiCon regardless of how they define their sexuality.

Please remember that everyone is at a different stage of awareness about various issues and don't assume people are being malicious.

### Restricted spaces

Some spaces within EuroBiCon are restricted to certain groups of people, e.g. people aged 18 or over or those with a particular identity. These should be clearly marked in the session guide and handbook.

EuroBiCon supports restricted spaces and recognises their value. Please do not breach restricted spaces you are not eligible to be in, but if you are eligible, don't be afraid that you aren't 'enough' of whatever group to go. If you are unsure of your eligibility you can ask to speak to a volunteer for advice.

## Confidentiality

Please respect people's privacy, and be aware that not everyone at EuroBiCon may be 'out' about their sexuality or other aspects of their lifestyle such as BDSM or non-monogamy. Ask permission before identifying anyone publicly. 'Public' includes write-ups on personal websites or on social networking sites such as Facebook and Instagram.

Do not take any photographs or recordings of people without their express permission. It is your responsibility to make sure everyone in shot is happy to be photographed.

If you give permission for your photo to be taken, assume it may end up online linked to you by name as people may not remember your preferences after EuroBiCon.

If you believe someone has taken your photograph without your permission you may ask them to delete the image or ask the desk or a volunteer to do so for you.

Members of the press should identify themselves to the desk and at any sessions they attend.

## Getting help to deal with other people and incidents

If you want support in challenging anyone's behaviour or anything they've said, please come and talk to the desk or the organisers who can assist you or speak to the person for you.

The organisers very much want to know about things that make people at EuroBiCon less likely to attend another bi event. If anything happens that makes you uncomfortable or unwelcome – even if you do not want us to do anything about it, or feel it is your fault – please let us know.

## Breaches of the Code of Conduct

If any of this happens to you at EuroBiCon or you have witnessed inappropriate behaviour, we want to know so we can improve your experience.

You can tell us:

- in person, there will be easily recognizable volunteers, for example at the desk
- through the organisers post box
- write something and post it in- by text
- by email to [eurobicon@gmail.com](mailto:eurobicon@gmail.com)

### Things we can do to help

If something has happened that makes you uncomfortable we can talk to anyone else involved. We are happy to do so, even if you haven't communicated this to them, since that is not always easy to do. We will listen to what you think would help. You don't have to know what would help.

Examples of things we can do:

- communicate to others that there is a problem
- ask for an apology
- ask them to leave you alone
- require them to not be where you are
- exclude them from the rest of EuroBiCon
- pass their detail to future EuroBiCons

These will be implemented at the discretion of the EuroBiCon team.

Breaches of this Code of Conduct or reasonable requests will, in most cases, be met with a warning from a member of the organising team. The organisers decision is final.

If warnings are ignored, or in the event of serious misconduct, we reserve the right to ask anyone to leave all or part of EuroBiCon. If you are asked to leave you will not receive any refund. We reserve the right to pass on details of complaints to future EuroBiCon organisers.

# Grand Opening

You are Welcome @ the Grand Opening!

With great pleasure we invite you to the Official Opening of the European Bisexual Conference

When: Friday July 29, 2016

Starts at 9:45 and ends at 13.00

Free entrance

Where: Old Lutheran Church, Singel 411, corner Spui, 1012 WN Amsterdam

Sign language English-Dutch by Erika Zeegers-van der Weide (Het Roze Gebaar)

9.45 – 11.15

Host

Sergio Belfor

Speakers

Co Engberts, Boardmember Old Luthern Church

Evelyne Paradis, Executive Director ILGA-Europe

Irene Hemelaar, Director LGBTI-emancipation Amsterdam Gay Pride

Erwin Heyl & Barbara Oud, Chair and Programme manager EuroBiCon

The Official Opening by Simone Kukenheim, Vice Mayor of the City of Amsterdam

Performances

Vessel of Revolution

V.I.B. Angels

11.15 – 11.30 Comfort break

11.30 – 12.45 Panel Putting the B in LGBT\*

Good practises on Campaigns, Pride, Research, Awareness and Institutional challenge

Moderator

Anita Nanhoe, chair Rotterdam Pride

Speakers

Leopold Lindelauff, çavaria (Belgium) on Institutional challenge

Raffaele Yona Ladu and Luigia Sasso, Lieviti (Italy) on Pride

Gerrit Jan Wielinga, COC (The Netherlands) on Campaigns

Valérie Baud, Bi'Cause (France) on Research

Carlos Castaño Rodríguez, Cogam and FELGBT (Spain) on Awareness

Thanks to translators:

Soudeh Rad for Valérie Baud, Raffaele Yano Ladu for Luigia Sasso

Organised by:

Hilde Vossen and Leopold Lindelauff, European Bisexual Network for Activists

Made possible by:

Bob Angelo Fonds and Lutherse Kerk.

# EuroBiCon Party @ Mezrab

Drink, dance, be intimate, and enjoy our fabulous line-up of performances and activities! Drag kings and queens, dancers, huggers and storytellers all invite you to have the time of your life. All genders welcome.

Cultural Center Mezrab currently organises storytelling courses and festivals, music events and more. This venue is a real nice one, not too big, and when it's warm, it has a great terrace in front of the building where sitting, drinking, chatting and hanging out is allowed. We have a lot of privacy there, inside and outside!

Tickets available at the EuroBiCon or at the door.

Price: 3 to 5 euros, based on donation.

Accessibility: easily accessible for people in wheelchairs.

Mezrab, Veemkade 576, 1019 BL Amsterdam – [www.mezrab.nl](http://www.mezrab.nl)

From 18:00 till 20:00

vegan soup will be served at Mezrab. Please reserve for this tasty meal at the Info desk at the Boomsspijker. Price: €5,-. \*

\* soup and tickets at Mezrab should be paid cash. At the bar, you can pay for your drinks with debit card / PIN.



# Care Bear & Quiet Room

We do our best to make the EuroBiCon as accessible and comfortable as possible. This includes taking care of our mood and mental health:

## Care Bears

Behoeftte aan een rustig gesprek? Er zijn ervaren vrijwilligers die daar graag de tijd voor nemen. Je vindt ons bij de Info-balie.

In need of a quiet talk? There are experienced volunteers who are happy to make time for this. You can find us at the Info-desk

## Quiet Room

The Quiet Room is a quiet, calming place for you to recharge, where you can take a break from the noise and bustle of EuroBiCon and take a break from interacting with other people.

You can find the quiet room on the first floor (Boomsspijker plan on page 14). Please find the rules of the Quiet Room on the door.



# Information Market

On Saturday July 30, the second day of the EuroBiCon, we will not only be hosting almost 30 workshops and our very own Party @ Mezrab, but we will also be hosting an Information Market.

The Infomarket will be held in community center De Boomsspijker from 11am until 2pm, and is for EuroBiCon participants only. The following organisations have confirmed to be present, and will be providing you with information concerning their work and/or to give you the opportunity to buy their products:

- |  |  |
|--|--|
| IHLIA LGBT Heritage                              | – what about saving your organisations bi history in this international LGBT archive? Connie van Gils can give you advice about this. The stand also has EuroBiCon Bi Pride beanies for sale, hand knitted by... the same Connie van Gils. |
| Çavaria  | – the t-shirt Proud to bi myself is for sale here!   |
| Musthave   | – Ines Rombouts sells sweaters, t-shirts, tote bags with Bi slogans that will make you want to have them for sure.   |
| Female Health Company with the FC2 female condom |  |
| Orpheus Hulpverlening                            | – for homosexuality and bisexuality in relations between men and women   |
| AutiRoze   | – autistic and LGBT? AutiRoze is the young, Dutch organisation that offers you community on this specific health topic.  |
| Paper Jam  | – printing the revolution facilitates a zine table. It's a printing collective that strives to form part of a radical infrastructure in the form of bizarrely cheap printing for revolutionary organisations.                              |

and, last but not least:  
the merchandise table of EuroBiCon! We have mugs, posters, beanies...

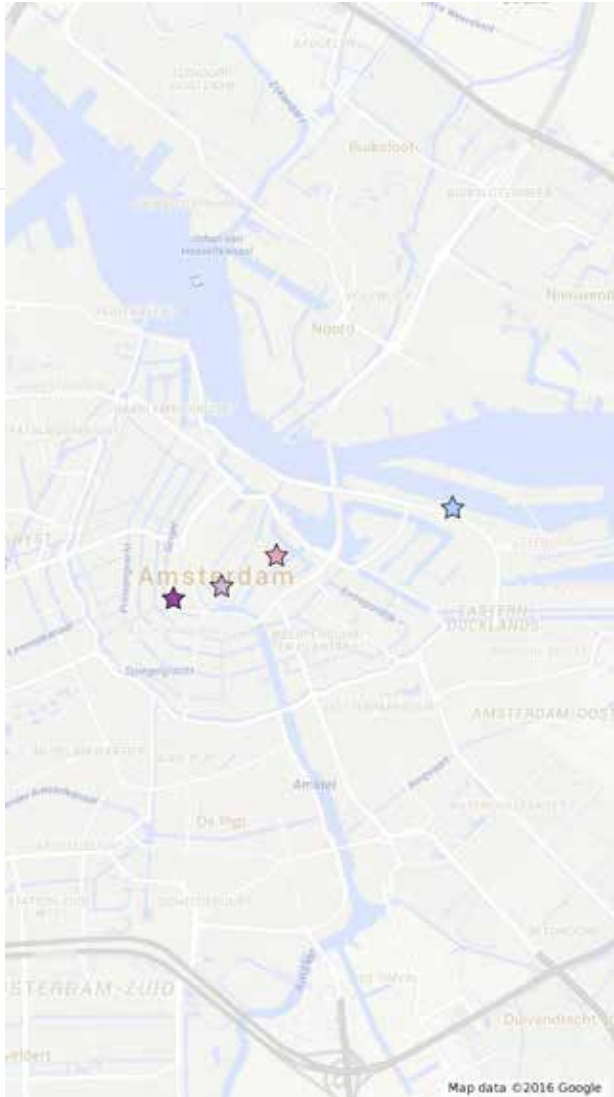
Important note: bring cash on Saturday!



# Maps

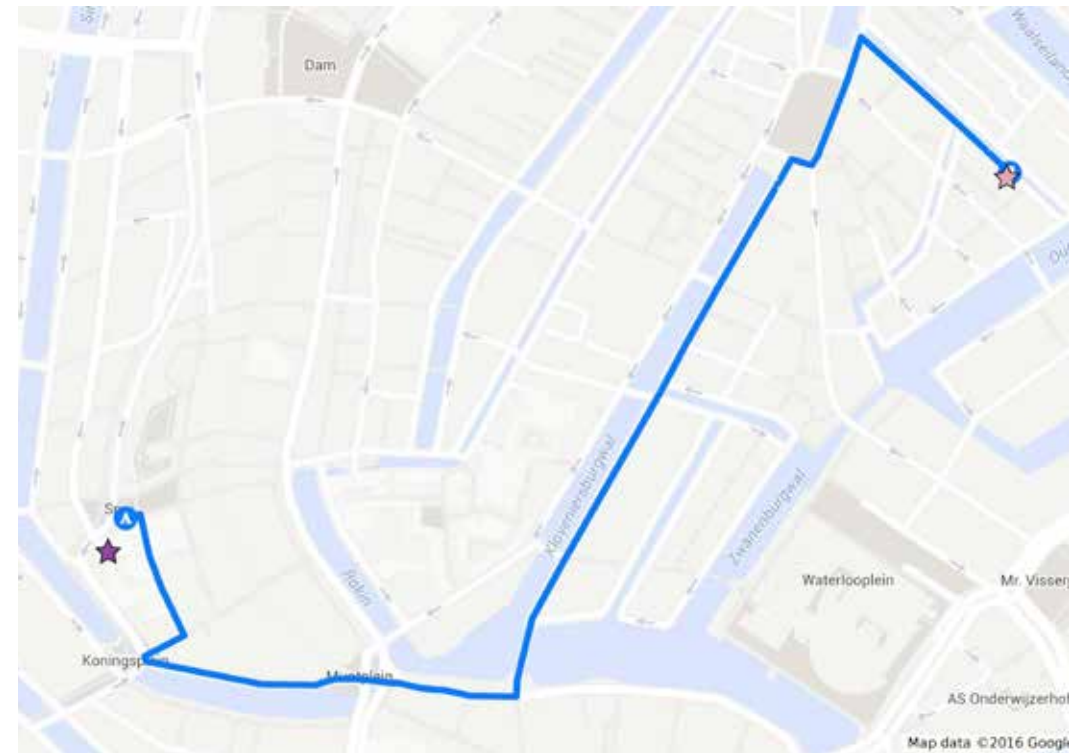
## Legend

- ★ Oude Lutherse Kerk
- ★ De Boomspijker
- ★ Mezrab
- ★ UVA

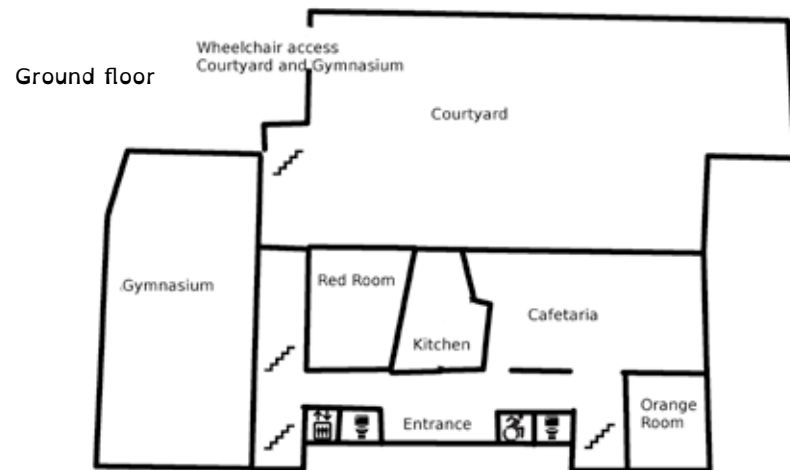


## Walking Route Lutherse kerk to Boomspijker

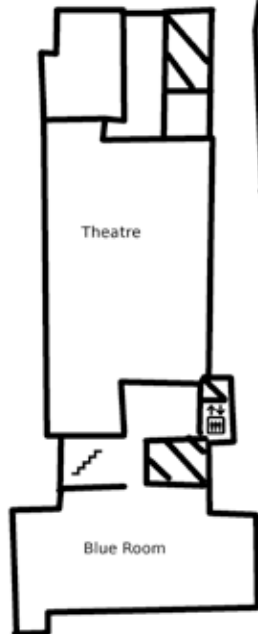
We gather at the square next to the church (at Spui)  
 Walk towards Handboogstraat  
 Turn right to Heiligeweg  
 Turn left to Singel  
 Turn right below the Munttoren  
 Cross the Muntplein via the pedestrians crossing  
 Walk towards Amstel bikers lane on the left hand side  
 Turn left to Halvemaansbrug / Kloveniersbrugwal  
 Straight ahead on the Nieuwmarkt  
 Turn right to Rechtboomssloot  
 Destination on the right hand side



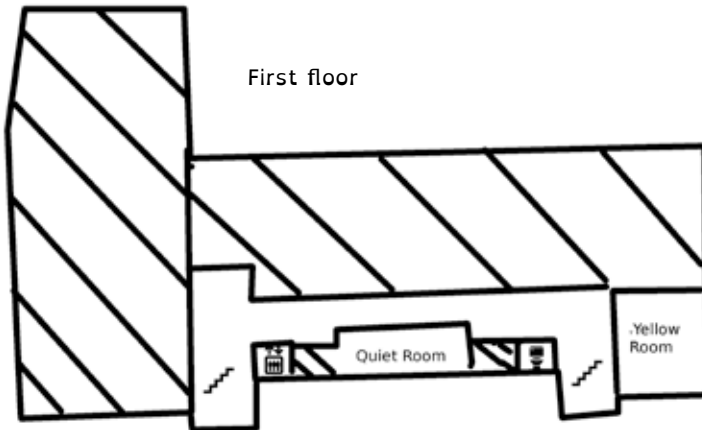
# Boomspijker Plan



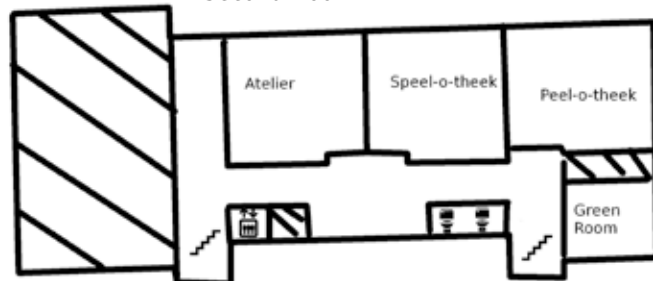
Third floor



First floor



Second floor



# Workshops Friday

Slot 1

Tijmetje Dieleman - NewBi

The NewBi workshop is the perfect start if you would like to meet new people in an informal setting and in case you have visited few or no events aimed at bisexuals before. Are you in the process of figuring out what your sexuality is, becoming comfortable and confident with your sexuality and coming-out? Have you (had) only few or no opportunities to discuss this with like-minded people? The goal of the workshop is to offer you that opportunity. Do you want to openly discuss your thoughts? Join our workshop!



Tijmetje Dieleman: I have been working with the Dutch Bisexual Network for several years. At our annual Holland BiCon my NewBi workshop has been an introduction to first time visitors ever since the second edition in 2010. Being part of the organising team of the EuroBiCon, I am responsible for the accessibility of the conference.

David Bowskill - The Languages of Bisexuality

In this session we'll have a look at both the positive and negative ways bisexuality is talked about in English and other languages the participants speak, with the aim of empowering our positive bi language use. Ideally we'd also publish the results online and set up a virtual bi- and polylinguist group where we could support each other in translating texts into other languages. You don't need to speak another language to attend, but you will certainly learn a few new words in the session! I've set up a blog that will be updated both before and after EuroBiCon: <https://bilanguage.wordpress.com>



David Bowskill: I first became involved in the British, Dutch and German bisexual communities at the 1st International Bisexual Conference held in Amsterdam in 1991. Since then I have attended numerous Dutch and UK BiCons as well as events organised by the German Bisexual Network (BiNe e.V). In Berlin I have become an active member of Bi Berlin, helping to run a Bi Camp (a kind of unconference) as well as organising monthly

get-togethers for bisexuals (Bi-Brunch and Bi Coffee Berlin). I am a trade union activist, film and TV addict and like learning new languages as well as improving the ones I already know.



## Linda de Munck - To Vlog or not to Vlog

In this workshop Dutch bisexual vlogger Linda de Munck will share her experiences with vlogging about her bisexuality and everything that is related to that. During the workshop you will learn the insides of vlogging, and start creating your own vlog!



Linda de Munck: Hi! My name is Linda, I am 21 years old and I live in Haarlem. Apart from vlogging about daily life I enjoy discussing themes like sex, bisexuality and openness about everything. I want to raise awareness on taboos and help you with that! Are you interested? Check out my vlogs at <http://youtube.com/decorationn2>

## Nico Lippe and Hilda van Reeuwijk - Bisexual Education

With our workshop we want to have a dialogue about the integration of bisexuality in sexual health and diversity lessons. And about the methods used in these lessons.

We will start our workshop with a presentation about how we try to integrate bisexuality in the sexual education that's given to (mostly) youth. We will also show some tools we use.

The workshop will be very interactive, so we want you to talk about your experience and ideas. In subgroups we want you to further establish a tool, discuss a method or come up with other ideas that can improve the sexual health and diversity lessons. It's up to you and your subgroup what topic you're going to tackle!



Nico Lippe (1963): I am sexual and gender diversity activist. I have been active for the Dutch Bisexual Network for years as an educator and volunteer. Now I focus on Education on Bisexuality, the independent organisation I started one year ago, to be able to concentrate on giving education only. Paying attention to relations and sexuality, sexual diversity (and special to bi- or pansexuality) and gender is

important for everybody, to find out where on the spectrum you are yourself, which makes it easier to understand and accept other people. My experience is mostly with adults.



Hilda van Reeuwijk (1989): I am social worker and project manager. I am active, have a positive attitude to life, and a great sense of justice. From a very young age I am interested in making the world a better, safer and fairer place. I now work with socially disadvantaged people (mostly youth), volunteer for several fairtrade projects and have a lot of experience and am still active as educator in sexual health and diversity lessons and other educative sessions.

## Alex and Adinda - Rope Bondage for Beginners



This workshop will show you some of the basics of rope bondage. Please bring rope if available. This is a hands-on workshop. We will spend most of our time tying and untying. You can come on your own, or as a pair or with more friends. You can experience both sides, tying and being tied, if you want. Come and have a lot of fun with rope!

Alex: I am from the Netherlands. I entered the SM scene in 1994. Encountered straight, bisexual, lesbian, homosexual, transgender and other queer BDSM-ers. Fell in love with rope straightaway. Did some volunteer work in the SM scene (including Wild Side). Nowadays organiser of the Squirt du Soleil Revisited & Squirt Women's play parties in Amsterdam.

Adinda: I am from the Netherlands. I am a player by heart since 1995, happily educated by the former Amsterdam Women's BDSM group Wild Side. Nowadays organiser of the Squirt du Soleil Revisited & Squirt Women's play parties in Amsterdam, too!

## EuroBiReCon workshop 1 - Sandra Hopkins (University of Chester, UK) - Funding EU Partnerships on Bisexuality through Erasmus+



An interactive workshop for anyone interested in collaborating on a European project related to one or more themes pertinent to bisexuality. The aims of the workshop are to share ideas and knowledge by (1), learning about Erasmus+ funding, (2) exploring how Erasmus+ funding could be used to fund a collaborative European project – including eligibility criteria, (3) Identifying priority themes for potential collaborative European projects, (4), Networking with others interested in working collaboratively, and (5) taking some practical steps to getting a partnership project started.

## EuroBiReCon: Bisexuality & Culture

This session consists of four papers which all focus on the complexity of bisexual representation in culture.

“How could any one Relationship ever possibly be Fulfilling?” Bisexuality, Polyamory and the Visualisation of Desire in the Cinema of Gregg Araki

Jacob Engelberg  
(Film Programmer, UK)

Literary Representation of Bisexuality and Impossibility of Bisexual Identity

Peter Odak  
(Center for Women's Studies, Croatia)

Textual Immaturity: Bisexuality, Textuality and Adolescence

Jonas Ronan  
(University of Brighton, UK)

The Queer Mermaid: an Alternative Approach towards LGBTQ+ in Computer Games

Martine Mussies  
(Independent Researcher, NL)

## Slot 2

### Barbara Oud - NewBi

The NewBi workshop is the perfect start if you would like to meet new people in an informal setting and in case you have visited few or no events aimed at bisexuals before. Are you in the process of figuring out what your sexuality is, becoming comfortable and confident with your sexuality and coming-out? Have you (had) only few or no opportunities to discuss this with like-minded people? The goal of the workshop is to offer you that opportunity. Do you want to openly discuss your thoughts? Join our workshop!



Barbara Oud: Searching for a way to raise awareness and cover taboo-breaking issues concerning gender and sexuality, I founded the organisation Open & Bloot (Open & Bare) after graduating from a research master in Gender and Ethnicity. Being the program manager of EuroBiCon allows me the perfect opportunity to increase the visibility of bisexuality!

### Connie van Gils - Writing a Selfie

This workshop is the first part of a trio of creative writing workshops. Note: the first and second are optional, the third one can, for safety and privacy reasons, only be attended if the first and second one have been done.

After starting with playful questions to stimulate our fantasy and memories, we will draw a timeline of our life from the past into the future and we will define significant bisexual moments. Every participant will be asked to select one significant moment and privately write about it, and then share their writings with the group.



Connie van Gils: I am a bisexual woman who works at the IHLIA LGBT Archives in Amsterdam, the Netherlands as a documentalist/editor. I am a professional writer of nonfiction books, short stories and reviews, in Dutch. I am trained to give writing workshops to groups, based on playful exercises. Step by step you will be challenged to use yourself as a magnifying glass to look at one little but significant self chosen detail of your life. Surprise yourself by joining the workshop and dig deeper to find some fragile hidden treasures. For more information check my website <http://www.connievangils.nl>.

### Frank Thies - Flyer (with and) for bisexual young people



Let us help young people in finding their way - showing them the diversity in bisexual people and how they live their lives! There are not plenty of flyers and so on about bisexuality, about and for young bisexual people there is none - at least in Germany. Therefore we have started a project for creating a flyer with and for bisexual young people, see: <https://bifly.org/bi4u-th/vorschau-entwurf-bi4u-th.html>. But so far only a few young people between 18 and 26 are willing to give a picture and a statement. So we need you! Are you young, bisexual and would you like to participate? We'd love to hear from you.

When the flyer is ready, please translate it into your favorite language(s)!

Frank Thies: I started a bisexual group in Hamburg 2002, I am the editor of the German Bisexual Journal (BiJou, [www.bine.net/bijou](http://www.bine.net/bijou)), do some bisexual politics in Germany and I am member of the German Bisexual Network ([www.bine.net](http://www.bine.net)). I love to be a workshop host!

## Verity Richie - Bisexual Banter and Q & A



A showing of the first three episodes of Bisexual Banter, my documentary series on bisexuals. This will be followed by a discussion of the content and what the community hopes to see in the future.

Verity Ritchie: I am trans, bisexual, artist and film maker. Originally from England, I've lived in Texas half my life. I'm now back in England.

## EuroBiReCon workshop 2 - Sue George (Activist, UK), Nickie Roome (Activist, UK) and Rebecca Jones (Open University, UK) - Bisexuality and Aging

What is it like to grow older as a bisexual person? What issues and needs are likely to become more important? How can bisexual and LGBTQ communities be more inclusive of older people? How can research best serve the needs of older bisexual people? This open discussion session will discuss these and other questions related to bisexual ageing. People of all ages are welcome to attend but those who feel these questions have personal relevance are especially welcome.

## Slot 3

### Sexcoach Pras - Puppy pile. Seeing without eyes.

The workshop will start with a short visualisation lying down. U will be blindfolded. U will be born into a nest of puppies, as naked as you want to be. After that, the session will be guided so the puppies can play, feel intimacy and let go of ideas that prevent self-love.

We want to keep the playshop a safe space, so even though we see expressions of libido, we strongly ask you to check and respect the boundaries of others.

Although the playshop can be very therapeutic in overcoming intimacy issues, it is recommended to discuss this beforehand with the workshop leader.



Sexcoach Pras: I have 18 years of combined experience as a tantric teacher and sexological bodyworker. I have given group workshops for men all through Europe, and work with gay/bi/straight men and gay/bi/straight couples. Coming from a multicultural background Pras applies his Indian spirituality, South-American passion and Dutch soberness in his work with people.

## Koenraad Vermey & Jantine van Lisdonk - Improving Bisexual Health Care for Young People

Substantial proportions of young people are bisexually attracted, have active sex lives and experience specific issues related to sexual health and wellbeing. Care for adolescents and youth often overlooks bisexuality and the specific social and sexual factors that influence their health in negative ways. In this workshop, several existing school-based and online services for youth in the Netherlands are reviewed. Participants are invited to learn more about bisexual health differences, to share their views and to discuss what needs to be done in order to improve these services for young bisexuals.



Koenraad Vermey: I am policy officer in the field of HIV prevention and sexual health promotion for gay and bisexual men and LGBT youth in the Netherlands. I am dedicated to the participatory development of effective, sex-positive and easily accessible sexual health services that are sensitive to sexual diversity.



Jantine van Lisdonk: I am researcher and consultant at Rutgers, Dutch expertise centre on sexuality. I conduct quantitative and qualitative studies on sexual and gender diversity. In my work I often concentrate on marginalized, vulnerable or invisible groups and sexualities, including bisexual people, non-exclusive sexualities, LGB young and elder people, people with an intersex condition, and paraphilia.

## Cat K. - Playful Poetry

The aim of this workshop is to get to know yourself and be known to others via playful poetry. By using keywords, a word association game and mind-mapping you will learn to write a poem about who you are at this point in your life. The key to this workshop is that everyone is invited to simply be and express themselves as they are.



Cat K. in a couple of words: creative, quirky, open-minded, socially involved, introvert, bisexual, gender-fluid, poet and painter. Interior decorator by trade. I am currently volunteering for the Dutch Bisexual Network (LNBi), Queer aan Zee (LGBTQIA drink in The Hague) and COC Haaglanden. You can find more about me on my websites: [poetryzoo.com/author/catk](http://poetryzoo.com/author/catk) and [quirkyhomester.wordpress.com](http://quirkyhomester.wordpress.com)



In this hands-on workshop we will engage with the physical and social aspects of negotiating safe sex. Isn't sex always a little less interesting when using a condom? In this workshop we'll show you that it doesn't have to be. The process of putting on/in a condom doesn't have to 'kill the moment' and can be a fun part of foreplay for people of any gender! The FC2 Female Condom will be introduced as a great tool for safe and pleasurable sex; what is it, how do you use it, what can you do with it? Practicing on O-cubes participants of any gender will be able to feel, touch, and practice with the female condoms. You will come to know how female condoms can increase pleasure, and how they can be part of your different (s)experiences!



**Iris Weges:** Through my work as a journalist/author and researcher I try to bring taboo topics to the table. I publish for Dutch magazines like OneWorld Love and feminist magazine LOVER, and currently do research on the Dutch porn industry. Grateful for the life-changing theories and critical lenses I obtained while studying feminist philosophy, anthropology and -sociology in the US, Australia, and The Netherlands, I continue to address issues where gender, sex, and feminism

**object manager for The Female Health Company** I am helping to  
e the FC2 Female Condom, a dual-protection method that  
protection from STIs and unwanted pregnancies.

**Panel: Robyn Ochs (Activist, USA), Meg John Barker (Open University, UK), Maria Pallotta-Chiarolli (Deakin University, Australia).**



In this panel Robyn Ochs initiates a discussion on bisexual activism and academic research. A number of provoking questions will be discussed by the panelists, such as: What are the intersections, overlaps, and differences between community activism and academic research? What are incentives and obstacles to collaboration? What tools, resources and strategies can academia offer activists? What can activists offer academics?

Free for EuroBiReCon and EuroBiCon visitors

# Schedule

## Friday

	Lutherse kerk	The Gym 0.1	Red room 0.2	Cafeteria 0.4	Orange room 0.5	Yellow room 1.5	Green room 2.7	Atelier 2.3	Blue room 3.1	Theatre 3.2
09:30										
09:45	Grand Opening									
10:00										
10:15										
10:30										
10:45										
11:00										
11:15	Break									
11:30	Panel Putting the B in LGBT*									
11:45										
12:00										
12:15										
12:30										
12:45	Walk to the Boomsspijker									
13:00										
13:15										
13:30										
13:45										
14:00										
14:15		To vlog or not to vlog	EuroBiReCon Paper Presentation	EuroBiReCon Paper Presentation	NewBi (English)	The Languages of Bisexuality			Bisexual Education	Rope bondage for beginner
14:30										
14:45										
15:00										
15:15	Break	Break	Break	Break	Break	Break	Break	Break	Break	
15:30		NewBi (Dutch)	EuroBiReCon Paper Presentation	EuroBiReCon Paper Presentation		Writing a Selfie			Flyer (with and) for bisexual young people	Bisexual Banter - film and Q&A
15:45										
16:00										
16:15										
16:30										
16:45	Break	Break	Break	Break	Break	Break	Break	Break	Break	
17:00		Puppy pile. Seeing without eyes.			Improving bisexual healthcare for young people	Playful Poetry			When Safe and Pleasurable go Together: The Female Condom	EuroBiReCon Panel Crossing lines: Academic and Activists
17:15										
17:30										
17:45										
18:00										
18:15										

## Saturday

	The Gym 0.1	Red room 0.2	Cafeteria 0.4	Orange room 0.5	Yellow room 1.5	Green room 2.7	Atelier 2.3	Blue room 3.1	Theatre 3.2
09:15									
09:30									
09:45	Plenary								
10:00									
10:15		Liefjes - bisexuality, polyamory and documentary	Lets talk about the Q+ part of the LGBTQ	Writing a Bi-ography	Why I am at the European Bi-Convention			Advocate for Bisexual Asylum Seekers Human Rights!	The possibilities of different geographies VI
10:30									
10:45									
11:00									
11:15		Break	Break	Break	Break			Break	Break
11:30									
11:45									
12:00		Intersex in Europe		Ideas, games and more for pride events and bisexual visibility	The Bisexual Mermaid: Andersen's fairy tale as an allegory of the bi-romantic sexual outsider			Bisexuality in Islam, an inclusive approach	The intersection of bisexual and transgender identities: deconstructing the gender binary
12:15	Information Market								
12:30									
12:45			Lunch						
13:00		Break		Break	Break	Break	Break	Break	Break
13:15									
13:30									
13:45									
14:00		I am 'that bisexual'		Staying healthy as a Highly Sensitive Bi Person	Story Time!			Beyond Binaries: Identity and Sexuality	Bal Folk, modern versions of traditional European folk dances
14:15									
14:30									
14:45									
15:00	Break	Break	Break	Break	Break	Break	Break	Break	Break
15:15									
15:30	Inclusive tantra workshop, non-binary, non-heteronormative	Body and Identity: being proud of our bodies		Bi and addiction			Zine making	How to Bi Yourself @ Work	Cabaritual: workshop and participatory performance
15:45									
16:00									
16:15									
16:30	Break	Break	Break	Break	Break	Break	Break	Break	Break
16:45									
17:00		Bisexual Trade							
17:15		Unionists Supporting Bisexuals in the Workplace	Speed Dating for Everyone	Double B: Bisexual and Bipolar	Fluid Sexuality			Keys to Success in Polyamorous Relationships	A (drag) King for a day
17:30									
17:45									
18:00									

After the day program, we invite you all to our amazing EuroBiCon party at Mezrab! Dinner is served from 18:00 till 20:00, and the party starts at 20:00. Get your tickets at the Info-desk at the Boomsspijker, and turn to page 9 for more info.

## Sunday

	The Gym 0.1	Red room 0.2	Cafeteria 0.4	Orange room 0.5	Yellow room 1.5	Green room 2.7	Atelier 2.3	Blue room 3.1	Theatre 3.2
09:45									
10:00									
10:15	Plenary								
10:30									
10:45									
11:00	Self-defence			Writing about Penetration	Sexual Identity and Well Being			Quantum Light Breath Meditation	Challenging dichotomies: Non-binary gender expressions, identities and sexualities
11:15									
11:30									
11:45	Break	Break	Break	Break	Break	Break	Break	Break	Break
12:00									
12:15	Share Your Voice: A Visibility Video (1/2)						This is What a Bisexual Looks Like - painting	Teaching Sexual Identity and Gender Diversity via The Genderbread Kit	(Bi)sexuality and the fandom; the power of representation
12:30									
12:45									
13:00									
13:15									
13:30	Break	Break	Lunch	Break	Break	Break	Break	Break	Break
13:45									
14:00	Share Your Voice: A Visibility Video (2/2)	Independent and Powerful Heart - Bisexuality and Faith						Bisexuality in Europe Vision 2020	Challenging Biphobia and Bi Erasure
14:15									
14:30									
14:45									
15:00	Break	Break	Break	Break	Break	Break	Break	Break	
15:15									
15:30	Closing Plenary								
15:45									

# Workshops Saturday

## Slot 1

### Guusje America - Liefjes

Universal themes like vulnerability and shame are always present when we enter into intimate relationships and search for connection. In this workshop we will be screening the documentary *Liefjes*, after which we will start a discussion with filmmaker Guusje America on vulnerability. *Liefjes* is an intimate documentary and portrait of Roos, a feminist and non-monogamist who isn't afraid to share her experiences with polyamory and intimacy in front of the camera. *Liefjes* is a short 15 minute documentary where the goal is to inspire the viewer about getting (or:becoming) vulnerable and getting to know our individual relationships with shame, getting intimate, our sexuality and sexual desires. Hopefully this honest and un-staged film will provide a starting point to share and dare to discuss our own personal stories.



Guusje America: When I started my Bachelor in Fine Art on the HKU my medium was painting. But after my second year following the education I realised I wanted to let go of art as an object. I was searching for a feeling or experience which I personally couldn't find whilst painting. I was able to find it within registration and documentation; in the act of filming. I want to show and express themes like shame, femininity, freedom and fate within the construction of a film. I don't want to force an idea upon the viewer, I simple want to show my view and perception of the world.

### Kyan Reijenga and Juul Adang - Let's talk about the Q+ part of LHBTQ

Would you like to know more about lesser known sexual/romantic orientations and non-binary identities? We are going to discuss them. What's the meaning of labels like aromantic, asexual, demisexual, pansexual, genderfluid, agender, bigender? And what it is like to have a mixed orientations identity? We will also tell about the growing European Asexual Community, what asexual people encounter in daily life, coming-out, and relationships.



Juul Adang: I am 36 and identify as both asexual and agender. I feel more like a human being than cis female. The preferred pronoun to use for addressing me, besides my first name, is they/them/theirs. I became active on the Asexual Visibility and Education Network in May 2013, after hearing the word 'Asexual' from female to male transgender Maxim Februari, when I attended a lecture by him.



Kyan Avalon: I am 24 years and identify as a agender demi-pansexual aromantic and use they/them/theirs pronouns. Much of my adolescent time I've spent figuring out the words for who I am an how I identify, I have learned a lot about non-binary and Q+ identities.

### Connie van Gils - Writing a BI-ography

This workshop is the second part of a trio of creative writing workshops. Note: the first and second are optional, the third one can, for safety and privacy reasons, only be attended if the first and second one have been done. We will start again with two playful questions to stimulate our fantasy and memories. After that we will do some psychological geometrical drawing. After sharing some of our experiences, we will privately write about a significant person. When we come back we will share our story with the others.



Connie van Gils: I am a bisexual woman who works at the IHLIA LGBT Archives in Amsterdam, the Netherlands as a documentalist/editor. I am a professional writer of nonfiction books, short stories and reviews, in Dutch. I am trained to give writing workshops to groups, based on playful exercises. Step by step you will be challenged to use yourself as a magnifying glass to look at one little but significant self chosen detail of your life. Surprise yourself by joining the workshop and dig deeper to find some fragile hidden treasures. For more information check [www.connievangils.nl](http://www.connievangils.nl).

### Peter Maria Gabriel Christen - Why I am at the EuroBiCon

The EuroBiCon is about meeting people. In this workshop we will share our motivation to join the EuroBiCon; we will talk about our expectations and wishes. We will come to know that other people can be in similar situations that reinforce their identity, and how other people deal with these situations. This workshop is open to bisexual people, as well as (to) their partners and friends who have to deal with the subject bisexuality. Respect and acceptance for each other are fundamentals of this workshop!



Peter: I am a bisexual male, 67, divorced and have one son. As a young man I always had a relationship with a woman, than with a man and then again with a woman. I was married for 25 years. In this time I was a true husband and a caring, loving father. Then with 61 I fell in love with a man, and at this point I decided to define myself as bisexual. Today I have a relation with a bisexual man who has two children. When I was 61 I founded the bisexual discussion-group of the "Homosexuelle Arbeitsgruppe" HAZ in Zurich, which runs sessions for bisexuals and for their partners, family-members and friends.



## Soudeh Rad & Zeynab Peyghambarzadeh - Advocate for Asylum Seekers' Human Rights!

Bisexual asylum seekers are among the most discriminated groups in all steps of their immigration process. Running from societies and countries infected by biphobia, they face numerous organisations impacted by the bi-erasure and bi-negativity themselves. In this workshop, we will give a presentation on bisexual asylum seekers' conditions and different life experiences, with a focus on Iranian bisexuals refugees living in Europe or wanting to live in one of the European countries. Then we discuss the steps to create an international network to collect more specific information on this matter in different countries by local organizations, enabling organisations to launch an advocacy movement protecting the human rights of bisexual immigrants in Europe.



Soudeh Rad (35) and Zeynab Peyghambarzadeh (31): We are both Iranian feminist researchers and activists living in France and Sweden. We founded Dojensgara ( <http://Dojensgara.org>) in March 2015. Dojensgara is the Persian term for bisexuality and the website aims to be the first and so far only source of information about bisexuality in Persian, not only to fulfill the existing gap, but also to give a voice to bisexuals of any gender. Both immigrants, we are also focusing on LGBTQ individuals from the Middle East, especially asylum seekers' human rights violations, including bi-erasure by the international and local advocate organisations and biphobia at the UNHCR office.

## Bruce Sharp and Jane Carr - The possibilities of different geographies VI

'There are strict punishments for contesting the script by performing out of turn or through unwarranted improvisations.' (Judith Butler)

Posture, gesture and action can be thought of as providing tools to explore issues of identity, gender and sexualities. The workshop/performance will interrogate (un)conscious choices aimed on what you feel. It provides tools for reflecting upon coded movement behaviour. It surfaces the human capacity to switch fluidly between them by using written prompts/guide/instructions - a kind of 'dish' as guide for such 'improvisations'. Within a supportive space that promotes an environment of collective experience, 'à la carte' movement, 'menus' along with drinks (non-alcoholic) and nibbles will be on offer to allow viewers to acclimatise to the idea of participation.

As viewer you can become participant, though you can alternatively elect to have a helper perform the chosen movement 'dish' by selecting a 'dish'. After some easily accessible preparation entering the performing area to interpret the simple set of instructions (dish) to perform a short (2 minute) movement sequence. After each short 'performance' there will be an opportunity for guided self reflection and, if appropriate, a supported feedback process that facilitates the 'performer' to ask questions of their audience about how they witnessed their movement. Respondents will be guided to use non evaluative language in order to be supportive of fellow workshop participants.

The actions will be lit and accompanied by sound.

Jane Carr and Bruce Sharp are a mixed orientation couple who have worked collaboratively on many projects.



Jane Carr: I am a former dancer who has a PhD in Dance from the University of Roehampton and have published and presented papers focused on tissues of embodied experience of dance. I've lectured at Trinity Laban, Central School of Ballet and the University of Lincoln and am currently Principal Lecturer in Dance and Performance at the University of Bedfordshire.

Bruce Sharp: I am a visual artist who gained an MA in Drawing at Camberwell College of Art, London. I have worked in performance, video and sound on solo and collaborative projects in the UK and Europe over 20 years. This includes a long time collaboration with dancer Henry Montes and, member of Tanztheater aus der Zeche artists collaborative based in Bochum, Germany. I also work as theatre technician and have recently started a twitter feed as #bi\_married\_male.

## Slot 2

### Miriam van der Have - Intersex in Europe

Intersex is in the spotlight, yet despite all the international attention for intersex, most people don't have a clue about what intersex is, even though it concerns 1 in 200 people - 3.7 million people in Europe alone. We will discuss why there is an I in LGBTI, but also the political agenda of the international intersex movement, the current situation in Europe, and how you can support intersex human rights organisations. We will discuss how every LGBT organisation can become intersex inclusive thanks to the intersex toolset and the standard "Resolution on the Rights of Intersex People".



Miriam van der Have: I am the co-chair of Organisation Intersex International Europe (OIIEurope) and executive director of the Dutch Intersex NGO NNID Foundation. I have 14 years of experience in intersex activism. I am also a photographer and documentary filmmaker and recently made a documentary on four intersex women. I have worked as a journalist and a publisher, and have extensive experience working with the media as a human rights defender. I live with my partner Saskia and our two daughters of 19 and 22 in Nijmegen, the Netherlands.

Frank Thies and Hartmut Friedrichs - Ideas, games and more for pride events and bisexual visibility



Let us share our ideas and experiences how to make a Pride Day / Christopher Street Day a funny or special bisexual meeting. Frank will show you the great quiz 'Who wants to be a Bi-llionaire?', a bisexual test and some ideas, but it is not all about him: So come and share or simply have fun while participating!

Frank Thies: I started a bisexual group in Hamburg 2002, I am the editor of the German Bisexual Journal (Bijou, [www.bine.net/bijou](http://www.bine.net/bijou)), do some bisexual politics in Germany and I am member of the German Bisexual Network ([www.bine.net](http://www.bine.net)). I love to be a workshop host!

Martine Mussies - The Bisexual Mermaid: Andersen's Fairy Tale as an Allegory of the Bi-Romantic Sexual Outsider

A presentation and workshop about hidden LGBTQ+ traces in mainstream literature. Our case study for today will be "The Little Mermaid", a multi-layered fairy tale by the Danish author Hans Christian Andersen. This presentation will start with some background information about the fairy tale "The Little Mermaid", about the Disney remake and about the theoretical framework. After that, we will use various techniques and perspectives to interpret the tale. These approaches are of course also useable in other texts, be that existing literature or your own writing. To practise these techniques in an active way, this workshop will conclude with a writing exercise.



Martine Mussies: After graduating as a classical musicologist, as a PhD student I decided to combine my love of music and my fascination with mermaids, in order to become the world's first Mermaid Scholar. My recent scholarly publications appeared in 'Geografie' (Dutch journal of Geography), about The little Mermaid's sense of place, and the Dutch journal for Celtic Studies, for which I wrote about Celtic mermaids. In addition I have delivered lectures about Mermaids in Computergames (Ludomusicology, Utrecht) and in Hellen(ist)ic Antiquity (ATINER, Athens). I am addicted to MOOC's and have (academic) interests in autism, baroque opera, computer science, and kink, among others.

Fenna ten Berge and Dounia Jari: Bisexuality in Islam, an inclusive approach

The islamic values of pluralism, diversity and inclusion, and the distinction between sharia and sharia law on the issue of sexual diversity. The workshop offers a platform and a safe space for those identifying as bisexual (or LGBTQI at large) for those identifying as muslim, and or from a muslim background. They will learn more about how to reconcile (an often misinterpreted) islam as in consolidation with their gender identification.

There is a huge need for muslims to be offered an inclusive perspective on their faith, and for non-muslims to know that Islam can NOT be used for the oppression of anyone, including LGBTQI persons, but promotes and embraces rights, freedom, of any SOGI.

The discussion in this workshop focusses on the relationship between islam and sexual diversity. Is there enough space for LGBTI people within islam? What does it mean for bisexual Muslims and how do they reconcile their sexual orientation and their faith?



Fenna ten Berge: I'm Dutch convert to Islam. Studied Gender and Identity in the Middle East with a focus on homosexuality in Islam. Now working for Muslims for Progressive Values to promote inclusive and tolerant understandings of islam based on universal human rights, peace, and justice.



Dounia Jari: I'm a journalist and one of the board members of Maruf, a Dutch queer Muslim organisation that aims to achieve a better position of the Muslim LGBTI's in Netherlands and all over the world. Maruf is co-founder of the European Queer Muslim Network.

Ada Cernosa & Alja Debeljak - The Intersection of Bisexual and Transgender Identities: Constructing the Gender Binary

This workshop will consider the diversity of identities within the bisexual community, focusing on the diversity of gender identities. We are going to tackle the impact of transgender identity on an individual's bisexual identit. We will also look at the ways the two identities compliment each other, despite often being seen as mutually exclusive (due to bisexuality supposedly excluding non-binary genders). Lastly, we will explore the different ways in which bisexuality could be employed in queer theory to help deconstruct the gender binary.



Ada Cernosa: I am a 25 year old LGBT activist and a student of Literature and Sociology. I have been involved in the Ljubljana LGBT community since 2011 and have worked with the feminist festival City Of Women since 2013. In 2014, I initiated the establishment of Kvartir, a group focused on solidarity between, education on and visibility of bisexual, transgender, asexual and queer individuals in Slovenia. Kvartir has been involved in several local events such as the Ljubljana Pride Parade and Take Back The Night march, and Kvartir is the first in Slovenia to organise bisexual meetings.



Alja Debeljak: I am a 24 year old computer science graduate from Ljubljana, Slovenia. I participated in a Gay Straight Alliance in high school. I also worked as a tutor during my student years. In the last three years I have been a member of several LGBT groups as well as attending classes on LGBT and gender studies at the Faculty of Arts in my spare time. I have been singing in a feminist choir since 2014. The choir has performed on numerous rallies as well as socially engaged festivals.

### Slot 3

#### Lila Hartelius - I am 'That Bisexual'

"Into threesomes, sexually promiscuous, need to have a girlfriend and boyfriend at the same time, attracted to everyone, confused, undecided". Efforts are being made to redeem mainstream views of bisexuality. At the same time, where does this leave bisexuals who do fit such stereotypes? The intent of this workshop is to provide an opportunity for bisexuals, who self-identify with characteristics reflected in one or more commonly tabooed stereotypes about bisexuals, to share their thoughts and experiences on these questions, and to engage in an open discussion about respectability politics concerning bisexuality. Individuals who are interested in or curious about this topic are also invited to join in the conversation.



Lila Hartelius: I am a published writer who has written funded grant and business proposals and served as editorial assistant for the International Journal of Transpersonal Psychology. My work has been published in Bi Women Quarterly, Weird Sisters West, and Tendrel. I have contributed to the efforts of Bennington Collega's Queer Student Union, Naropa University's GLBTQ student group, and Boulder Pride. At present, I spend my time teaching English as a foreign language, writing about bisexuality, dancing, singing, and writing songs.

#### Maria Bosman - Staying Healthy as a Highly Sensitive Bi Person

Being a Highly Sensitive Person (HSP) gives you specific challenges: how not to get overwhelmed so easily, how to leave problems of other people where they belong, how to protect your own beautiful energy. Being also a bisexual person might be an extra challenging factor. How can you combine these two? It is not difficult to live happy as a bisexual HSP, it's a question of realising how your clock ticks. Come and enjoy the workshop. We will talk about what you need to become happier! Check my Dutch or my German website ([www.ruimtevoorhooggevoeligheid.com](http://www.ruimtevoorhooggevoeligheid.com), [www.raumfuerhsp.de](http://www.raumfuerhsp.de)) for a free test.



Maria Bosman: I am a psychologist, bisexual since 26 years, highly sensitive by birth. I give trainings, coaching, workshops for and about highly sensitive people since 2007. My goals are making society more aware of this beautiful trait, helping HSP become happy and facilitate caretakers, parents, psychologists, psychiatrists, teachers etc in their wish to treat and accept HSP better.

#### Esther Kornalijslijper - Story Time!

Come and enjoy this playful interactive storytelling workshop! We'll be connecting eye to eye and heart to heart by sharing little snippets of personal stories. And we will freely and creatively change existing fairy tales. What if Little Red Riding Hood fell in love with the Wolf? Or what if Sleeping Beauty needed more than one kiss from more than one gender? Or.... ;-).



Esther Kornalijslijper (1968): Originally trained as a veterinarian, I left my permanent job in 2004 to go on a solitary journey in a colorful campervan. Reading books of strong female authors like Jeanette Winterson and Alice Walker, I felt I wanted to tell the stories that bring a twist to the way society paints the world. I trained with the 'Nationale Vertelschool' in Utrecht and the 'Mezrab School of Storytelling' in Amsterdam and have gained experience as a storyteller and trainer over the past eight years. Since 2015 I am the chairwoman of the Dutch Storytelling Foundation. I dream about storytelling becoming a more natural part of our living together in this world. And I have experience in dreams coming true!



## Robyn Ochs - Beyond Binaries: Identity and Sexuality

This program explores the landscape of sexuality, and how we “map” sexual orientation. Given that no two people are alike, how do we assign labels to our complicated and unique experiences? In this interactive workshop we will conduct an anonymous survey of those present, and look at the data together. Where do we fall on the sexuality continuum? How do we label? How old were we when we came to our identities and to our sexualities? In this fun and interactive program we explore different experiences of identity the interplay between gender and sexuality the complexities of attraction, and more.



Robyn Ochs: Based in Boston (US), I am an educator, speaker, activist, and writer. I am the editor of the Bi Women Quarterly, and the 42-country anthology, *Getting Bi: Voices of Bisexuals Around the World* and *RECOGNIZE: The Voices of Bisexual Men*. An advocate for the rights of people of all orientations and genders to

live safely, openly and with full access and opportunity, my work focuses on increasing awareness and understanding of complex identities, and mobilizing people to be powerful allies to one another within and across identities and social movements.

## Henri Karrenbelt and Pascale van der Put: Bal Folk, modern versions of traditional European folk dances



There are 3 kinds of dances: mixers (danced with a group in a circle, usually changing partner during dancing), round dances (which are, confusingly, often performed not in circles but rather in rows) and partner dances (danced in couples, with a “leader” and “follower”). Although traditionally, “men” “lead”, and “women” “follow”, nowadays the bal folk scene in the Netherlands has a very relaxed attitude to any gender dancing with any other gender in either role.

If time permits, we will teach one dance of each group.

Henri and Pascale have attended quite a few BiCons all over the world (UK BiCons, previous EBCs, and ICBs) and are experienced bal folk dancers in both roles. Henri has taught several bal folk dance workshops. Pascale has experience in various styles of dancing like salsa, Argentinian tango, and belly dancing. Pascale has extensive experience in ballroom dancing, in both roles. Henri and Pascale have previously facilitated this workshop at a UK BiCon.

## Slot 4

### Hubert Boer - Inclusive Tantra workshop

We do a tantric meditation in a non-heteronormative setting. In tantra there is often a lot of emphasis on polarity between male and female, as a driving force of sexual attraction and sexual energy. This might lead to feelings of exclusion for everyone who doesn't fit in the heteronormative scheme. This workshop offers a non-heteronormative and inclusive setting.

The workshop is open for anybody who wants to explore the tantric flow of sexual energy, regardless of gender, sex and orientation. After a warming-up we do a partner meditation. Though the process is about sexual energy, there will be no sexual acts and you are free to do the meditation wearing as much clothes as feels comfortable for you. You can come alone, with your beloved or with a partner for this occasion. You don't need to have experience in either tantra or meditation.



Hubert Boer: Since 2011 I follow tantra workshops and retreats. Because I am still looking for facilitators who make me feel welcome with all aspects of my identity, I started hosting ‘all inclusive’ workshops myself. There everyone is welcome who is interested in tantra and the joyous play with sexual lifeforces, regardless of gender, sex or orientation. In June 2016 I have finished a schooling in tantric massaging.

### Jochem Verdonk - Body and Identity: Being Proud of Our Bodies

In this workshop you can experience what we do during the successful Trans & Bare Weekends (TBW) in the Netherlands. Goal of these weekends and this workshop is to empower and increase self-awareness, self-esteem and self-acceptance. We want to celebrate and build confidence around our bodies. During the workshop we will talk about gender and identity. After we have secured our safe space and everybody feels comfortable, you'll be invited to experience a better connection with your body. This workshop is for people of all genders, not only transgender people!



Jochem Verdonk: I am a trans activist with 11 years of experience within Dutch trans community, including 5 years as a professional. I launched the website [www.Transman.nl](http://www.Transman.nl) (for trans men and partners) and I am founder and former chairman of Transman Foundation. Over the years, I have hosted many innovative activities, both for trans men and their partners. Some examples are the Trans-ish Weekend, the Marshmallow Man Weekend, the (private) swimming and the voice training for trans men. In my paid life I am an energy worker, coach and shaman. I am owner of my own practice, BY JOVE, where I support people to get back into their strength.

## Stijn Beekhuis & Berrith Augustus - Bi and Addiction

The workshop will be about addictions originating from psychological problems (self-denial) due to being different as a bisexual person. The workshop will consist of three parts: 1) a personal story from the facilitator who has been an addict and calls himself bi nowadays, 2) an explanation (based on known research and studies in the field of personality disorders) of the how feeling of being different can lead to addiction, 3) an interactive exercise with the attendees to experience how hard is to be yourself at all times.



Stijn Beekhuis: I am a 36 years old and have struggled with my sexuality. This has resulted in an addiction in the past. I have been in therapy with Berrith Augustus.



Berrith Augustus: I am an haptotherapist and psychoanalyst. I specialised in personality disorders and addictions.

## Nienke Hart - Zine Making

Want to get crafty and use your creative skills to make a zine? Join this workshop and start writing/drawing/crafting/painting/glitterbombing to address a topic that you find important. Whether you would like to work on a controversial topic or just get artsy: your zine has your content! Already have a topic or issue in mind? Great, let's start crafting! Have no idea what to put in your zine? No problem, we'll help you with some inspiration! We have some awesome materials to get us started, such as magazines, colored paper, glitter, stickers and even more glitter!



Nienke Hart: I am a graduate student in Gender Studies and focus mostly on activism and disability studies. An activist at heart, I am interested in using different activism as a tool to bring about change within universities and the larger society.

## Marvin Burchartz & Sanne Pols, Inclnc - How to Bi Yourself @ Work

During an interactive talk show, one of our bisexual Pride Models will share their personal coming out stories focused on the workplace. How do you tell your colleagues and employer that you're bisexual without being bullied or ridiculed? What can you do and what are the responsibilities of an employer? After hearing the personal story, members of the audience are invited to share their experiences and suggestions and to ask questions. Get inspired by our Pride Model and have a clear view of tips and tricks how to bring your whole self to the workplace!



Marvin Burchartz: As a trainer, I am specialised in the international aviation industry. I provide cross-cultural trainings for Dutch and Asian staff members about service, culture, behaviour and communication. "Being open to opinions and convictions of people who are different from you, is the way to find new insights, creativity and personal growth."



Sanne Pols: Coming from religion-studies, I attempt to build a bridge between sexual, cultural and religious diversities. My understanding of group dynamics allows me to provide customised advices. "I love to be to translate problems into possibilities, and to start the discussion on social taboos."

## Graham Bell and Anna Maria Staiano - Cabaritual - workshop and performance



An interactive multi media performance in the format of a variety show hosted by pansexual artist Graham Bell Tornado and transgender shaman Geyserbird. The show uses irony, gender play and music to explore questions of identity, ecology and feminist politics. It will end with a ritual in which all members of the audience are invited to participate and will be followed by a question and answer session.

Graham Bell Tornado: I am a multi media artist currently doing a PhD in artistic production. I have performed in galleries, theatres, museums and in squats all over Europe and at several BiCons in the UK and Spain. My recent work explores the role of rituals in performance and is influenced by punk, queer theory and ecofeminist politics.

Anna Maria Staiano: I have been a bisexual activist since 1991 in UK and am founding member of Moebius, Spain's first autonomous group for Bi, Pan and Polysexual people. I have worked in film and media and co-run queer artspace the Erreria (House of Bent) in Valencia, Spain.

## Slot 5

### David Bowskill - Bisexual Trade Unions Supporting Bisexuals in the Workplace

This workshop is intended for everyone interested in improving the situation of bisexuals in the workplace regardless of whether they are a trade union activist. After introductions we will talk about problems bisexuals face in the workplace and what we can do individually and collectively to improve our situation. Ideally participants will share examples of best practice in the workplace and within trade unions. One important outcome of the workshop would be setting up a European-wide network of bisexual activists in trade unions and other employee support groups and organisations.



David Bowskill: I became first involved in the British, Dutch and German bisexual communities at the 1st International Conference on Bisexuality held in Amsterdam in 1991. Since then I have attended numerous Dutch and UK Bicons as well as events organised by the German Bisexual Network (Bine e.V). Based in Berlin since 1994 I have become an active member of the Berlin Bi-Community, helping to run a Bi Camp (a kind of unconference) as well as organising monthly get togethers for bisexuals (Bi-Brunch and Bi Coffee Berlin). I am a trade union activist, film and tv addict and like learning new languages as well as improving the ones I already know - two of these interests are reflected in the sessions I am offering at EuroBiCon.

### Pascale van der Put - Speed Dating for Everyone

In this workshop everyone is welcome, people of all genders and sexualities. You will be able to talk with many attendees. But time might be too short to speak with everybody. I invite you to have an open mind. It may be interesting to get to know someone, who might not be your perfect match or not your match at all.



Pascale van der Put: I have attended various speed dating events and have facilitated a workshop on speed dating before.

### Roselien Brondy - Double B: Bisexual and Bipolar

It's about the relation between my manic depression and my sexual preference. We can discuss this relation and share our stories.



Roselien Brondy: I am 25. I love to write poetry and going to the museum. I am bisexual and I have experienced manic depression. I think there is a relation between these two.

### Vivi Jelstrup & Dan Bowring - Fluid Sexuality

Within the latest half year we have seen research from the USA showing that one third of young people consider themselves "not 100 % heterosexual". In Great Britain the result was even 49%! Still, most of these young people do not define their sexual orientation as bi or anything close to that. Articles in newspapers show a tendency towards fluidity, and possibly not as an identity but more as a possibility to see what happens. How can the bi community relate to and act in a way that includes these young people? Let's talk about the future!



Vivi Jelstrup: I am a Bipolitical Spokesperson for LGBT Denmark. I have worked for ten years with the social Bi Group and with bipolcity for some years. I am 68 years old.

Dan Bowring: I am a member of the Bipolitical Committee and responsible for the Bi Group's quarterly programme and newsletter.



## Juliette Siegfried - Keys to Success in Polyamorous Relationships

What does a successful polyamorous relationship look like to you? What are reasons for choosing polyamory above monogamy? What are the advantages and disadvantages of different relationship configurations? What to do when your partner is on a date? How do you define terms like sex, commitment and respect with your (a) partner(s)? These and other questions will be discussed during the workshop, and together with the other attendees you will be defining what the keys to success in polyamorous relationships are to you!



Juliette Siegfried: I am a public health professional with a small business and a successful polyamorous family. My family includes my husband Roland of 20 years, his other love Laurel of 9 years, our daughter Maya who is 7, and a live-in family friend named Barry. Roland and I launched the first polyamorous online support group in Madrid, Spain in 2003, then launched a group in Barcelona in 2007, and now I run a monthly Meetup Group on Open Relationships in Leiden, the Netherlands, together with Laurel and Roland.

## Daisy Rodrigues, also known as Franky Mooseknuckle - A (Drag) King for a Day

Have you always wanted to be a drag king for a day? In this workshop you will learn how to walk and how to position yourself as a drag king, how to dance and how to introduce yourself. You will learn what can be done to transform yourself as a 'King' by doing some make-up alterations and changing clothes. With this you can make an alter ego name for yourself as a 'man'. It's a fun way to genderbend yourself for a day and just have fun with it!

NOTE: Bring the clothes you want to wear being a drag king! Think about 'masculine' or baggy cloths; anything that makes you feel good!



My name is Daisy Rodrigues, 30 years of age, I live in Utrecht and work at a psychiatric facility. I live on my own in a little studio and my hobbies include singing and dancing, also I am addicted to watching movies! I like to incorporate my singing in my drag king acts. I have performed several times as a drag king at the Lellebel (dragshowbar in Amsterdam), the reality bar (a queer bar, hosted by a drag queen) and hosted a few gay parties as a door'man'.

# Workshops Sunday

## Slot 1

### Sandra Hopkins - Basic Self-Defence

This session will be a mixture of discussion and physical activities. We will engage in non-physical self defence, including awareness, safety tips and confidence. We will provide a chance for people to give their experiences and discuss any scenarios they are worried about, and there will be some demonstrations of a small number of basic techniques with the opportunity to practise some of them with other members of the group. Wear what you would usually wear, no special clothing or equipment required. Beware: attendees attend at their own risk and are responsible for taking care of their own health.



Sandra Hopkins: I have been doing karate for 25 years and have run self-defence sessions for community and voluntary groups over the past several years.

### Connie van Gils - Writing about Penetration

This workshop is the third and last part of a trio of creative writing workshops. Note: this workshop can only be attended in case you participated in the first and second workshop.

We will start with an exercise of continuous writing about everything you know about penetration, after which we will make a private list of our good and bad penetration experiences. This can be about active or passive penetration, about penetration fears and anxiety, about desire, passion, pain, doctors, heard stories, parents, fantasies, fingers, dicks, dildo's, vagina, anus, mouth, everything. With everything I mean everything. We will share our experiences in small groups. Our final goal is to try and write a penetration poem.



I am a bisexual woman who works at the IHLIA LGBT Archives in Amsterdam, the Netherlands as a documentalist/editor. I am a professional writer of nonfiction books, short stories and reviews, in Dutch. I am trained to give writing workshops to groups, based on playful exercises. Step by step you will be challenged to use yourself as a magnifying glass to look at one little but significant self chosen detail of your life. Surprise yourself by joining the workshop and dig deeper to find some fragile hidden treasures. For more information check [www.connievangils.nl](http://www.connievangils.nl).

## Erwin Heyl - Sexual Identity and Well Being

The workshop will be about the differences in well being between gay and lesbian, heterosexual and bisexual participants of the Dutch longitudinal survey [hoeheterobenjij.nl](http://hoeheterobenjij.nl). In this survey background characteristics and well being, perceived health and discrimination are compared between the different groups of respondents. There will be a focus on the relation between coming out (and coming) in and well being.



Erwin Heyl: Chair of the Dutch Bisexual Network, sociologist, photographer, co-organizer of the EuroBiCon.

## Tika Stardust - Quantum light breath meditation

The Quantum Light Breath is a guided meditation that lasts about an hour. Speaker is Y. Kabal. It helps to be more conscious. Bi in the moment! Conscious breathing is important for being and feeling alive. After an hour your breath will be deeper and stress will be brought to a minimum. Emotions/feelings can go out of your system with a deeper/intenser breathing.



Tika Stardust: I meditate for 15 years now. One of my passions is helping disabled people with intimacy or sexual problems and needs.

## Amets Suess - Challenging Dichotomies: Non-binary Gender Expressions, Identities and Sexualities

The current transgender community includes a broad range of diverse gender expressions, trajectories and identities, including non-binary options. The Workshop aims to open a space for reflection on experiences with non-binary gender expressions, identities and sexualities, the presence of non-binarism and gender diversity in the bisexual movement, difficulties and challenges, as well as strategies for promoting gender diversity. Furthermore, the role of activism and arts will be discussed in opening up gender diverse spaces and creating new imaginaries for non-binary bodies, gender expressions, trajectories and identities.



Amets Suess: I am a trans activist, member of the coordination team of STP, International Campaign Stop Trans Pathologization, member of the International Working Group of GATE, Global Action for Trans\* Equality and individual member of TGEU, Transgender Europe. I have also participated in the bisexual movement. I work as a researcher at the Andalusian School of Public Health, Granada, Spain. Furthermore, I have experience in arts and theatre. As a person with a non-binary gender expression, trajectory and identity, I am especially interested in strategies for creating new imaginaries and spaces for non-binary bodies, gender expressions, trajectories and identities.

## Slot 2

### Cathy Manousaki - Share your Voice: a Visibility Video (1/2)

The workshop is about creating a video product for raising awareness on bisexuality, giving the opportunity to participants to share their voice. It's about sharing and exchanging ideas on how to use video as a tool for promotion and visibility to create impact and furthermore how to disseminate it in the social media. There will be a small session combining non-formal/informal educational tools along with creating a short video for promoting the visibility of the bisexual community and along with it the EuroBiCon itself.



Cathy Manousaki: As a trainer and media educator I am working in the field of personal development, coaching, mentoring and media learning with a focus on human rights, LGBTQIA+ rights, gender issues, self-expression and social sustainability. I have been working internationally with diverse associations and have been collaborating with Olde Vechte Foundation, based in Ommen, The Netherlands, since 2011. I am the founder of Active Rainbow platform, which has a mission to promote inclusion, equality, unity, diversity and love for all human beings regardless race, ethnicity, color, religion, gender and sexual orientation.

## Renate Engelen - This is what a Bisexual Looks Like

How do I see myself as a bisexual? Make your own image on how you see yourself as an bisexual! This can be a portrait, but it can also be a collection of symbols that you come up with.

After a short awareness exercise, you will work in the here-and-now on your vision of how you see yourself or how you feel as a bisexual!



Renate Engelen: I am an artist, teacher, Gestalt Art therapist and performer. I run workshops in Tilburg in my own studio. Here I specialise in making mixed media paintings. I have a passion for art and working with people. Check the website for more information: [www.renate-engelen.nl](http://www.renate-engelen.nl)

## Bjorn Ketzener - Teaching Sexual Identity and Gender Diversity through the Genderbread Kit



The Genderbread Kit is an educational method used to educate people about sexual and gender diversity. It teaches participants about the four main ingredients forming every human's sensual and gender identity. It's a fascinating workshop that opens the eyes of many and helps them understand how our gender identity and sexual preference form us.

Bjorn Ketzener: I am trainer and business leader for Rainbow City Rotterdam, an organisation in Rotterdam working in the fields of LGBT emancipation. As trainer I am well known with The Genderbread Kit.

## Juul Adang - Bisexuality and the Fandom: the Power of Representation

What is the power of social media in the fandom, when it comes to bisexual and asexual representation? Are producers and writers of a movie/tv-series sensitive to the call from within the fandom of that movie/tv-series to include LGBTQ+ representation via social media?

One example of an effective fandom community is of the TV series Supernatural. This series revolves around two brothers, Sam and Dean Winchester, the "Hunters" are for all that is supernatural; demons, werewolves, vampires, demons etc. Want to know how the fandom community was powerful? It will be introduced and discussed in the workshop!



Juul Adang: I am asexual, bi-romantic and agender. I believe my soul has no gender. But for less confusing purposes you can use the pronouns she/her. I am on social media and keep track on what's going on within the Supernatural fandom. I'm fascinated by the ; shipping and queerbating phenomenon.

## Slot 3

### Share your Voice: a Visibility Video (Part 2)

For the description see Share your Voice: a Visibility Video (Part 1) .

## Miranda Terpstra-van de Kerk - Independent and Powerful Heart

Do you want an independent heart in every circumstance and independent of people's opinions? How do you get more strength and faith in your own heart? Words can have great consequences, both in positive and negative terms. Discover your self-worth and dignity as a source of love, that can impact both yourself and others. Guard your heart above all things and love your life! In this workshop you will be given a helping hand to find faith and love for yourself. You will learn that your heart will be resilient in facing external factors and opinions of others.



My name is Miranda Terpstra, a person (woman) in her forties who feels loved and valued and who wishes that for every other person. I am married to Ivo and we have two sons. As the author of the book Hartenvrouw (Heartwoman) I try to show, through the life stories of different religious women who love other women, where their strength and inspiration comes from. But above all I want to show that every person deserves dignity (respect) and self-belief in their own heart and life. This obviously applies to every person, independent of gender. I look forward to meeting you!

## Lars Christensen - Bisexuality in Europe Vision 2020

The main aim of this workshop is to create a European bi-cooperation. We start by listing current European organisations, networks and groups that function as agents/actors in shaping our society with regards to bi issues. After that we move on to some questions about how we as a community would like to see the 'European Bi Landscape' evolve by 2020 and beyond. This could be ideas for a whole new organisation, foundation, portal, or similar. It could be identifying who we need to focus our influence on.





Lars Christensen (38): I co-founded and coordinated the Copenhagen bi social group Bigruppen in 2004 and was bi politics spokesperson in LBL (now LGBT Denmark) for some years. I assume I was the first (in 2005) to fly the bi flag at Copenhagen Pride, and I wrote a small essay for the anthology Getting Bi: Voices of Bisexuals Around the World by Robyn Ochs.

## Robyn Ochs - Challenging Biphobia and Bi Erasure

This interactive program will provide participants with concrete information, smart framing, and specific action steps to challenge biphobia and bi-erasure. We will define our terms, provide specific examples of biphobia and bi-erasure, examine prevailing stereotypes about bi+ people and their origins. From an intersectional perspective, we will examine minority stress and explore its specific impact on bisexual people and we will explore strategies for reducing minority stress and creating a culture of understanding and inclusion.



Robyn Ochs: Based in Boston (US), I am an educator, speaker, activist, and writer. I am the editor of the Bi Women Quarterly, and the 42-country anthology, Getting Bi: Voices of Bisexuals Around the World and RECOGNIZE: The Voices of Bisexual Men. An advocate for the rights of people of all orientations and genders to

live safely, openly and with full access and opportunity, my work focuses on increasing awareness and understanding of complex identities, and mobilizing people to be powerful allies to one another within and across identities and social movements.

# Adressess Venues, Sponsors

## Emergency services

112 (Police, Fire brigade, Ambulance)

## Addressess

Lutheran Church

Singel 411

1012 WN Amsterdam

Community Center De Boomsspijker

Recht Boomssloot 52

1011 EC Amsterdam

Mezrab

Veemkade 576

1019 BL Amsterdam

The European Bisexual Research Conference and the European Bisexual Conference are made possible by

Municipality of Amsterdam



Trut Fund



Bob Angelo Fund



All the volunteers from:

Dutch Bisexual Network



European Bisexual Network for Activists



BIUK



and those other wonderful people on individual bases

Special thanks to:

COC Nederland



Old Lutheran Church



EuroPride Amsterdam



University of Amsterdam



UNIVERSITEIT VAN AMSTERDAM

IHLIA LGBT Heritage



